



Billings Clinic Cardiovascular Services

Patient Name: _____ Date and Time of Exam: _____

Patient Prep for a Dobutamine or Stress Echocardiogram

This is a stress test using ultrasound technology to look at your heart function before and after stress (either with a treadmill or medication through an intravenous catheter).

*This is to inform you of the requirements needed before your Dobutamine or Stress Echocardiogram test. **The study will need to be rescheduled if the instructions about caffeine, eating, or medications are not followed.***

When being scheduled: Patients weighing over 350 pounds need to notify the practitioner so the proper exam is ordered. Please notify us if you have a defibrillator or pacemaker so the proper exam is performed.

When being scheduled, check with your physician of any medications that should be held for this study (and for how long). Special attention if you are a diabetic or on an inhaler.

Notice: The following medications can affect your study.HOLD FOR 24 HOURS.

Listed below: Common Names (Generic Names)

Coreg (carvediolol)	Corgard (nadolol)	Visken (pindolol)
Zebeta (bisoprolol)	Inderal(propranolol)	Tiazac, Cartia, Cardizem (dilitiazem)
Sectral (acebutalol)	Tenorimin (atenolol)	Verelan, Tarka, Calan (verapamil)
Lopressor or Toprol (metoprolol)	Normodyne or Ziac (labetalol)	Imdur, nitroglycerin patch (isosorbide dinitrate)

***If you take Dipyridamole, Persantine, or Aggrenox, hold it for 72 hours before the test.**

***If you take Lasix (furosemide), Demadex (toresmide), or Bumex (bumetanide), please wait until after the exam is completed to take.**

***24 hours prior to exam: No caffeine!** That includes decaffeinated drinks or foods (colas, coffees, teas, chocolate, cocoa, candy); it also includes aspirin products containing caffeine (Anacin, Excedrin, etc.) **No tobacco.** Further instructions as warranted by your physician.

***Day of exam: Nothing to eat or drink for at least 3 hours before the study.** If you are scheduled in the late morning or afternoon, have a light breakfast. **No caffeine or Tobacco 24 hours prior to test.** No body lotions or creams on your chest; deodorant is OK. Wear a comfortable two piece outfit (no skirts please) and comfortable walking shoes. Please bring your medication **or** an updated list with the dosages taken.

Important points: Please bring your insurance cards and any co-pay you have for registration purposes. **Allow 60 – 90 Minutes to complete the test.** Please call 406-238-2000 or 1-800-736-5355 for any questions, concerns or if you need to cancel your appointment.