

Chemotherapy is considered hazardous and the following precautions should be followed for **48 hours** after the procedure is completed to prevent the medication from coming into contact with others.

The medication leaves your body through blood, urine, bowel movements, and vomit. Small amounts are also found in vaginal and semen body fluids. We do not know if contact with the body fluids will cause harm to others, but to be safe you and your family should avoid unnecessary contact.

The following guidelines will assist you in how to safely handle your body fluids, laundry, trash, and spills. Safety precautions should be used anytime you might touch body fluids, such as touching toilets, commodes, bedpans, vomit basins, urinals, ostomy bags, or condoms.

1. Buy a box of disposable gloves and wear these whenever you will be handling body fluids, laundry, trash, and spills.
2. Empty body fluids in the toilet (taking care not to splash) and then flush toilets twice with lid down.
3. Clean containers that contain body fluids with soap and water after each use. Clean the toilet bowl in the usual manner. For spills, soak up the body fluids with paper towel, then clean the area with soap and water.
4. Soiled laundry should be washed right away and separate from other laundry using detergent and hot or warm water. If unable to wash right away, soiled laundry should be placed in a plastic bag and washed as soon as possible.
5. Trash that has been soiled with body fluids should be handled carefully. Wear gloves and be sure to place in a leak-proof plastic bag.
6. Men should wear a condom if sexual activity occurs within 48 hours after medication is administered. This includes men who have had the bladder instillation procedure, as well as male partners of women who have had the bladder instillation procedure.
7. If you are receiving a continuous chemotherapy infusion at home, monitor for any leaking on clothing, connections, or tubing. If you notice any leakage, press STOP on the infusion pump, apply gloves, tighten all connections, and restart pump. If leaking continues to occur, wrap pump in an absorbent towel and place in plastic bag; call the infusion center for further instructions from an infusion nurse.